



**Sunday Morning Celebration
May 19, 2024**

**Speaker: Ramakrishna Ananda In-Person
and a Memorial for Satyajji**

**Join us In-Person
or attend via Streaming
at 10:00 AM PT**

Dear Devotees,

Ramakrishna Ananda is speaking this Sunday morning! We are grateful for the profound teachings of yoga which he has shared with us at the Yoga Center since 1970. Today, once again, we have an opportunity to receive instruction and inspiration from our beloved teacher and guru. Join us to

hear him speak about growing on the spiritual path and living as an expression of soul and Spirit.

A memorial for Satyajit (Scott Morningstar) will be held after the service. If you are tuning in, disconnect after the service and reconnect a little before 11:30. Join us to honor Satyajit's life and say a final good-bye to our brother in the Lord.

Bhagavad Gita 4:34

Seek that enlightenment by prostrating, by questions and by service. The wise, the seers into Truth will instruct you in that knowledge.

Chidbhavananda Commentary:

The bond between the two (the teacher and the taught) in spiritual enlightenment is ever sacred. The disciple prostrates before the master as a mark of making himself over to the other...The master in his turn is all mercy to the disciple. He has no motive other than propagation of spirituality. As a burning lamp lights another, an enlightened soul alone can carry light to another competent enquirer. Spiritual fulfilment takes place this wise.

Love in the Lord,
Spiritual World Society team
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Sri Ramakrishna:

There was a place enclosed by a high wall. Men outside did not know what sort of a place it was. Once four persons made up their minds to scale the wall with the help of a ladder and find out what was inside. As soon as the first man ascended to the top of the wall, he laughed out *Ha! Ha! Ha!* and jumped into the enclosure. The second person also, as soon as he ascended the wall, laughed aloud and jumped in like the first; and so, did the third. When the fourth and last man got upon the wall, he found stretched before him a large and beautiful garden with pleasant groves full of delicious fruits. Though strongly tempted to jump in and enjoy the scene, he

resisted the temptation and, coming down the ladder, spoke of the glory of the garden to those outside it. Brahman is like that walled garden. Whoever sees Him forgets his own existence and rushes headlong to Him to be absorbed in His essence. Such are the holy men and the liberated saints. But the saviors of humanity are those who see God and, being at the same time eager to share their happiness of Divine vision with others, refuse the opportunity of passing into Nirvana (state of extinction of individuality) and willingly undergo the troubles of rebirth in the world in order to teach and lead struggling humanity to its goal.

To join live streaming, just before 10AM on Sunday, click this link:

[Spiritual World Society Streaming](#)

Later in the week we will post the recording of the Sunday celebration to our YouTube site:

[Link to Sunday Mornings on YouTube](#)

[Click here for the program](#)



[Link to Ramakrishna Ananda's Recent](#)

There are two new videos from Ramakrishna Ananda this week.

"Yoga and Your Personal Needs":

Yogis cultivate a sense of wholeness of body, mind and spirit and attunement with the Infinite Spirit. As we live in harmony with the universe, all our personal needs are met, often more abundantly

Videos

Click [here](#) for The Yoga Way to Fulfillment with a Recognized Yoga Master



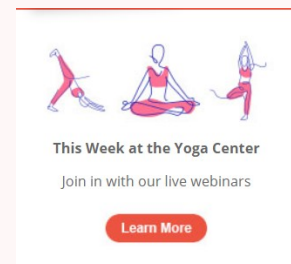
than we can imagine.

Discover how wholeness and attunement with Spirit leads to an abundant and fulfilling life.

"Contact with Higher Consciousness":

Spirit surrounds us and is revealing Itself all the time, but we are often too preoccupied by our thoughts and feelings to notice. Explore some of the many ways that Spirit reveals Itself. Discover what can happen as you wake up to higher consciousness.

For up to date information on Yoga Center in-person and online classes go to the [Yoga Center Members page](#), scroll down and on the right you will see the "This Week at the Yoga Center" button, click on Learn More for the weekly newsletter. (Sample of the button here)



Many Thanks for Your Support!

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This [Link to Yoga Center Members Page](#) will take you directly to the page where you can find information for all the following:

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